

Equipment Check List

Please use this form as a check sheet to ensure that you have everything that you need.

Items under "Personal and "Gear" are mandatory. If you do not have access to these items please call ahead and we may be able to help you out.	Summer	Winter	Overnight
Gear:			
Flashlight/Head Lamp			
2 Water Bottles			
Day Pack (30L – 40L)			
Personal:			
Personal Toiletries (incl. towels)			
Sleeping Bag			
Pillow			
Rain Coat and Pants			
Synthetic/Wool Hiking Socks x2			
Running Shoes/Hiking Boots			
Synthetic Long Underwear (Top and Bottoms)			
Fleece/Wool Sweater			
Fleece/Wool Pants			
Gloves x2			
Shorts			
Swimsuit			
T-Shirt			
Winter Coat and Pants			
Winter Boots			
Optional:			
Single Mattress Sheet			
Indoor Shoes or Slippers			
Sleeping Pad/Thermarest			
Backpack (60L – 80L)			
Biking Gloves			
Ice Climbing Boots			
Harness			
Helmet			
Bible			
Notebook			
Sunglasses			
Sunscreen			
Insect Repellent			
Hat			
Bandanna			
Toque			
Please do not bring:			
We do not have a secure place for these items and it often causes conflict. If you do wish to send a cell phone with your child, we can keep it in the office and they may use it on request.			
Cell Phones			
IPods, MP3s, etc.			
Laptops			
Snacks Containing Nuts			