



CCS JUNIOR HIGH CTF COURSE COLLECTION

2026/2027 Career and Technology Foundations (CTF)

Welcome to the Discovery
Lookbook. Our Junior High
CTF program is designed
as a curated journey
through four distinct terms.
Here, students don't just
pick classes; they select
pathways of discovery—
from culinary arts and 3D
design to outdoor

pursuits and
cosmetology. Explore
this guide to map your
year, build your skills,
and discover how your
unique talents can
honor God and serve
others.

TEACHER: Michelle Clark

COST: \$40

Sports Performance

Explanation: In Sports Performance, students will study the long-term goals of the development of an athlete.

Areas of study include muscular strength training, cardiovascular fitness, flexibility, and sports injury prevention.

Students will have the opportunity to try a variety of sports and develop skills in each.

TEACHERS: Mariana Siderius and Jennifer Lozeau

COST: \$40

Cosmetology & Esthetics 1

This course focuses on practical, everyday habits that boost your personal confidence, reduce stress, and help you learn to care for yourself.

Together, we will tackle the biology of skin care (including acne defence and mastering a simple daily routine), hair and scalp health (including an introduction to styling, cutting, and colouring basics), and clean nail care.

Beyond the mirror, you'll build essential interpersonal and communication skills while exploring exciting career paths like dermatology, barbering, cosmetology, and others.

Whether you want to master your own daily routines or investigate the wellness industry, this course gives you the tools to care for yourself with joy, confidence, and purpose.

Together, we will discover that when we are committed to honouring God, self-care changes from a chore or a search for cultural perfection into an act of gratitude.



TERM 1

TEACHER: Colin Ward

COST: \$40

Baking

The Baking and Service class introduces students to the art of baking and the essentials of hospitality.

From making bread and pastries to understanding customer service principles, this course combines culinary skills with service industry knowledge.

Students gain practical experience in a kitchen setting, fostering teamwork and attention to detail.



TEACHER: Jeremy Schindel

COST: \$15

Critical Christian Media Studies

Students will explore media (movies, songs, short stories) and analyze them for their Christian content.

From the David movie to The Truman Show, students will connect the themes from media to our school's Throughlines and explain how media can be used to send powerful messages (both positive

and negative when it comes towards our faith).

Students will create their own blog review post for the media we analyze. This CTF will connect with ELA and Biblical curricular outcomes.

PREMIER COURSE: SPANS TERMS 1, 2 & 3

TEACHERS: Andy Jenkins (director), Mariana Siderius (stage manager), & Ebony Matter (musical director)

COST: \$80

Drama 8

Drama CTF 8 Terms 1, 2, & 3. Welcome to Neverland! Grade 8 students will all take part in the 2027 Spring Program: Peter Pan Jr.

If you are in grade eight, we have Acting, Singing, and Production Crew roles for everyone.

Important Notes

- All and only grade 8 students will participate in Drama
- Parents and any Junior High student may help with production after school monthly.
- Fees include theatre tickets, hoodie, and supplies
- Students must provide shoes and black unders



TERM 2

TEACHER: Michelle Clark

COST: \$20

PREREQUISITE ALERT: Required for Art 2 (Term 3)

Art 1

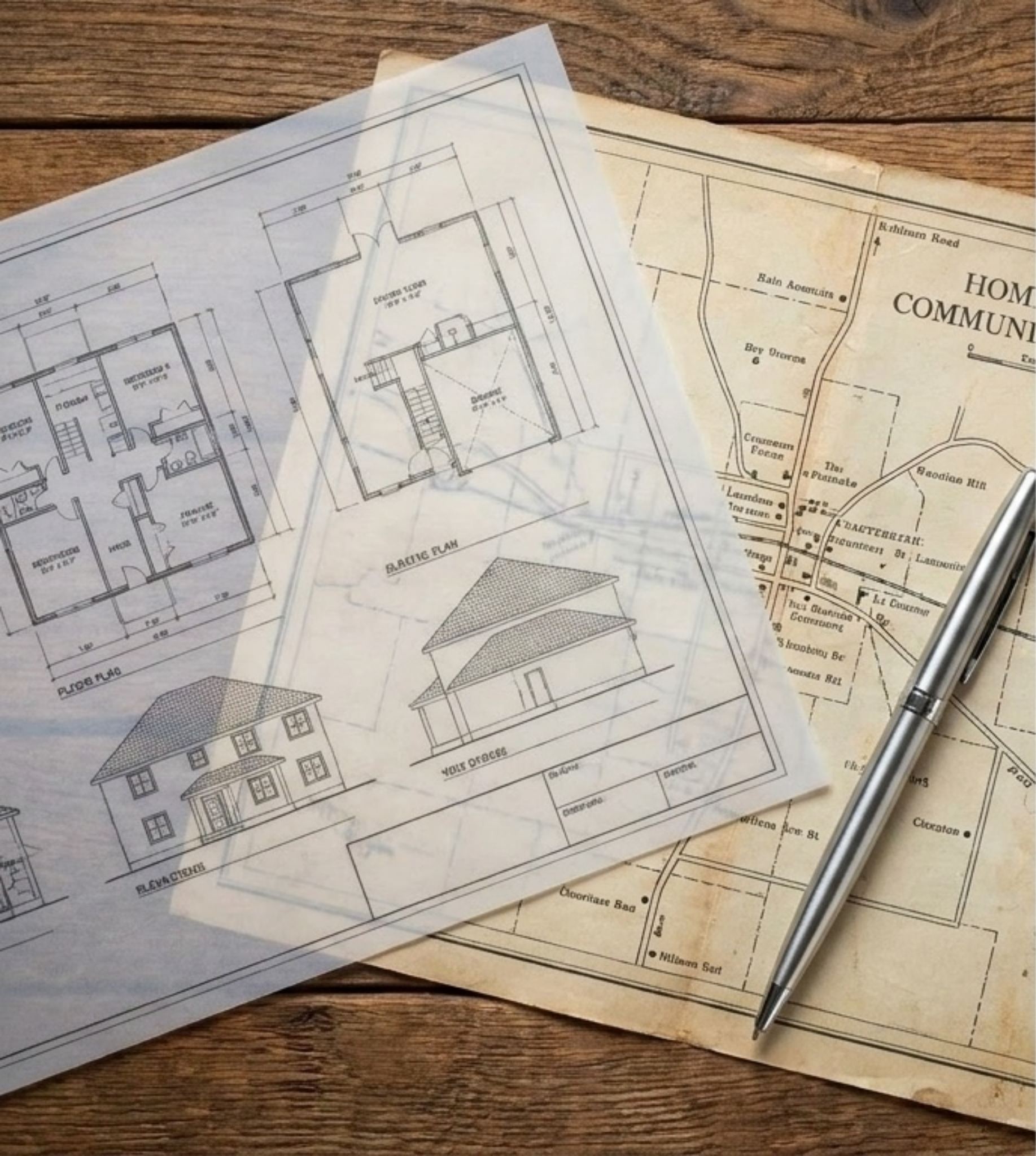
Please note that Art 1 is a prerequisite for Art 2.

In Art 1, students will study the seven elements of art, various painting styles, and famous painters.

Students will have an opportunity to practice a variety

of sketching and painting techniques.

Students will use these skills in Art 2 to design and paint a mural based on our school Tft Throughlines.



TEACHER: Nicole Hennink

COST: \$20

Kingdom Builders

This CTF course provides the opportunity for leadership development through various mediums and activities.

Students will gain insight into the planning process, leadership styles, and

service opportunities within the school and the community.

TEACHER: Colin Ward

COST: \$25

Ukulele/Guitar

Students will learn basic playing techniques, chords, strumming patterns, and simple songs while exploring how music can be used for creativity, worship, service, and personal enjoyment. Through individual practice and group performances, students will have opportunities to work collaboratively and creatively.

Important Notes: No previous musical experience is required. Students are encouraged to bring their own guitar or ukulele if available, although, although some instruments may be provided when possible.

TEACHER: Jeremy Schindel

COST: \$40

Cooking

Students in cooking will learn a variety of culinary skills.

We will be creating several dishes that require proficient knife skills so students will learn how to safely handle, sharpen, and clean a kitchen knife.

Students will also learn how to break down a whole

chicken and prepare the different cuts in a variety of ways. We will also try several different ways of preparing egg dishes.

TEACHER: Michelle Clark

COST: \$20

Art 2: Paint the Walls

Art 1 Prerequisite

Please note that Art 1 is a prerequisite for Art 2 (Paint the Walls).

Art 2 (Paint the Walls) will culminate with students designing and painting a unique mural in our hallway focused on one of our TfT Throughlines.



TEACHER: Nicole Hennink

COST: \$40


Level Up

This CTF course introduces Grade 9 students to a variety of post-secondary pathways and career opportunities.

Through interactive activities, guest speakers, and virtual or in-person visits to local universities, colleges, and technical institutes, students will gain insight into programs, admissions, and campus life. The goal is to help students make informed decisions about their futures while building confidence and curiosity about life beyond junior high.

Course Explanation:

Many students don't see post-secondary campuses until after high school. This course gives them early exposure to programs, environments, and real-life skills helping them feel more confident and prepared for what comes next.

A wooden table with board game components: wooden pawns, colorful dice, and prototype cards.

TEACHER: Colin Ward

COST: \$15

Board Game Design

Entering the world of tabletop games.

Throughout this course, we'll explore game mechanics, strategy, and social dynamics.

Students will learn to design their own games, fostering creativity and critical thinking in board gaming.

TEACHER: Jeremy Schindel

COST: \$25

3D Printing

Students in 3D printing will learn two different types of software: one for printing pre-existing 3D models, and one for creating their own models.

For printing pre-existing models, students will be shown how to import a file, compile it, splice it, and render supports for it before printing.

In order to create their own models, students will learn about measurement, dimension, design, and scale factor.



TEACHER: Michelle Clark

COST: \$40

Outdoor Pursuits

Explanation: In Outdoor Pursuits, students will understand that learning extends beyond the school walls.

Students will experience the outdoors safely while discovering how to treat the environment responsibly.

Students will become aware of and appreciate all living things, including themselves.

There will be personal and group challenges.

Specific activities could include mapping skills, geocaching, canoeing, swimming, hiking, wide games, biking, environmental education, etc.



TEACHERS: Mariana Siderius and Jennifer Loz

COST: \$40

TERM 4

Cosmetology & Esthetics 2

This course focuses on practical, everyday habits that boost your personal confidence, reduce stress, and help you learn to care for yourself.

Together, we will tackle the biology of skin care (including acne defence and mastering a simple daily routine), hair and scalp health (including an introduction to styling, cutting, and colouring basics), and clean nail care.

Beyond the mirror, you'll build essential interpersonal and communication skills while exploring exciting career paths like dermatology, barbering, cosmetology, and others.

Whether you want to master your own daily routines or investigate the wellness industry, this course gives you the tools to care for yourself with joy, confidence, and purpose. Together, we will discover that when we are committed to honouring God, self-care changes from a chore or a search for cultural perfection into an act of gratitude.

Specific Activities

- **Skin Health Lab:** Identifying your skin type, busting common acne myths, and building a straightforward, daily routine to manage breakouts.
- **Hair Mechanics & Product Chemistry:** Mastering how to style your own hair. Learn the difference between gels, pomades, clays, and waxes, how to use a blow dryer for volume, and how to select the right product for different hair types and cuts.
- **Precision Nail Utility:** Mastering the basics of hand hygiene, clean nail filing, and professional grooming for daily life and athletics.
- **Skin Correction & Colour Theory:** Understanding colour theory and symmetry using paper face charts to learn how to naturally neutralize sudden blemishes, balance uneven skin tones, or prepare skin for professional presentation.
- **Behind the Scenes:** Developing customer service and communication skills, with a potential local.
- **Registration Note:** You can only register for Cosmetology & Esthetics ONCE per year (offered two terms).

TEACHER: Colin Ward

COST: \$40

Tourism

Whether it was a trip to Drumheller or Mexico, we have all been tourists at one point in time.

You probably wouldn't have a difficult time describing a tourist but what about defining tourism? That might be a little trickier.

It seems that we have all been touched by tourism either as a

tourist either as a tourist or a citizen enjoying the economic benefits.

In this course we will explore what tourism is and the organizational structure of the tourism sector.





TEACHER: Jeremy Schindel

COST: \$20

TERM 4

Photography

Students in photography will learn basic skills on how to operate a camera, how to change certain settings in manual mode, and how to compose different types of pictures (action shots, portraits, low light, nature).

We will take several field trips to practice these skills in different natural and urban settings.

We will also have access to Adobe Suite which will allow students to learn some post-processing photography editing skills.

Important Note: Students will need to provide their own camera which can not be a cell phone and must be able to be manually programmed.

TEACHER: Andy Jenkins

COST: \$10

TERM NOTE: Term 4 Only

Comic Books

**Dive into the exciting world of visual storytelling!
Unleash the storyteller and artist in you!**

Students will learn how to write, ink, colour, and use digital technology to create their very own comic books! **Students will learn skills in visual literacy, art, and design.**

You do not need to be a super hero fan or a seasoned artist; this course will provide choice of content and digital options using Storyboard That, Canva, or Book Creator as well as traditional paper, ink, and colouring.

As Beauty-Creators we will print our work for library distribution. We will also take some time to share our favourite comics and graphic novels to reflect on what makes them stand out on the spinning rack.

- Fees include ink, markers, & booklet printing
- Students must provide their own sketchbook and Chromebook



TEACHER: Ebony Matter

COST: \$20

Choral Music and Ministry

In this uplifting course, students will explore the power of music as a form of worship and service.

With a focus on vocal development and harmonization, students will learn how to use their voices to glorify God and encourage others.

Students who play instruments are encouraged to join as well!

Music selections will include both contemporary worship songs and meaningful secular pieces.

Students who express interest will also have the opportunity to explore Songwriting as a creative way to share their faith.

Field trips will provide a chance to uplift and connect with community members through the gift of song.

Come discover how your voice can make a difference!

Year-At-A-Glance: Build Your Pathway

	Term 1	Term 2	Term 3	Term 4
Arts & Expression	Drama 8 (Spans T1-T3)	Art 1 Ukulele/Guitar	Art 2	Photography Comic Books Choral Music
Culinary & Life Skills	Cosmetology 1 Baking	Cooking		Cosmetology 2 Tourism
Tech & Design	Critical Christian Media Studies		Board Game Design 3D Printing	
Leadership & Active Outdoors	Sports Performance	Kingdom Builders	Level Up	Outdoor Pursuits

Use this guide to chart a balanced year of discovery. Connect prerequisite courses (like Art 1 to Art 2) and commit to multi-term journeys (Drama 8).