

**Covenant Christian School Parent Council**  
Meeting Minutes

*April 25, 2018*

*Present:* Donavin Simmons, Malissa Huillery, Kyle Sanford, Richelle McIvor, Lidia Vuessher, Amy Walton, Maureen Brezden, Shauna Balehowsky, Jodi Greidanus, Stephanie Vantanajal

*Next meeting:* May 31, 2018

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**I. Introduction & Devotion**

Shauna shared a devotion about fear and the lives that hold us captive.

**II. Adoption of Minutes from February 2018**

Adopted as presented.

**III. Previous Meeting Follow up**

- Staff Appreciation Day – May 31<sup>st</sup> after School Council meeting. Jodi and Shauna to take over organizing from Maureen.

**IV. Stephanie Vantanajal “What, why’s and how’s of social media”**

(see documents from Stephanie: Breathing, Guard Dog, Conversation Guide, Parent Pledge and Social Media Contract)

- Mediatrician – a new specialization focusing on how devices are changing our brains
- New studies on why anxiety and depression are increasing since 2012 when smart phones became widespread
- Recommends no devices allowed in the bedroom
- Turn off all location settings
- Awareness of “vaults” that can look like calculators or camera app, but are hiding secret apps
- Videos on Music.ly can never be deleted
- Reminder to watch what we do with our devices, because our children are always watching.
- One hour is enough screen time for our children
- Our power lies in our modelling
- Contact Stephanie anytime with questions: [stephanie.vantanajal@blackgold.ca](mailto:stephanie.vantanajal@blackgold.ca)

**V. Principals’ Report**

Principal’s Report attached.

- The school has limited technology at recess. Children are allowed to check for messages and then need to put their devices away. This was met with almost no resistance from the students.
- Students are becoming more aware of locking down their stuff online.
- Donavin asked “What do our bathrooms show us about how we value our students?” We can expect the bathrooms to be transformed for September.

#### **VI. Update from LSCE**

Our AGM is at 7pm on May 2<sup>nd</sup>. We need 25 members to attend.

#### **VII. Questions/Concerns for follow up**

- Pastor’s Day on May 17<sup>th</sup>

#### **VIII. Next Meeting**

Thursday May 31, 2018.

#### **IX. Closing prayer - Donavin**