



Covenant Christian School  
2020-2021 Re-Entry Plan  
Information for Parents & Guardians



*Revised August 25th, 2020*

## **About COVID-19**

### **What is COVID-19?**

COVID-19 is an illness caused by a coronavirus. It is a new disease that has not been previously identified in humans. Coronaviruses are a large family of viruses. Some cause illness in people and others cause illness in animals. Human coronaviruses are common and are typically associated with mild illnesses, similar to the common cold. COVID-19 is a new disease caused by the coronavirus (SARS-CoV-2) and was declared a global pandemic in March 2020.

Coronaviruses are most commonly spread from an infected person through:

- respiratory droplets when you cough or sneeze.
- close personal contact, such as touching or shaking hands.
- touching something with the virus on it, then touching your eyes, nose or mouth before washing your hands.

These viruses are not known to spread through ventilation systems or through water.

### **Symptoms**

COVID-19 symptoms can be mild and are similar to influenza and other respiratory illnesses. According to information from the Government of Alberta , most healthy people who are infected with the new, or novel, coronavirus will have a mild illness like a cold or flu. They may have a fever, cough, sore muscles or a sore throat. Some people may feel short of breath. Most people (about 80%) recover from this disease without needing special treatment. People who are much older or who already have health problems are more likely to get sicker with the novel coronavirus and may need to be hospitalized.

Alberta Health identifies the following symptoms for COVID-19 :

- Common symptoms: cough, fever (over 38°C), shortness of breath, runny nose or sore throat.
- Other symptoms can include: stuffy nose, painful swallowing, headache, chills, muscle or joint aches, feeling unwell in general, new fatigue or severe exhaustion, gastrointestinal symptoms (nausea, vomiting, diarrhea or unexplained loss of appetite), loss of sense of smell or taste, conjunctivitis (pink eye).
- Symptoms of serious illness: difficulty breathing or pneumonia.

If you have any of these symptoms, stay home and self-isolate to avoid spreading it to others.

Alberta Health recommends calling Health Link at 811 for more information.

Evidence indicates that the virus can be transmitted to others from someone who is infected but not showing symptoms.



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This includes people who have not yet developed symptoms (pre-symptomatic) and those who will never develop symptoms (asymptomatic).

While experts know that these kinds of transmissions are happening among those in close contact or in close physical settings, it is not known to what extent. This means it is extremely important to follow the proven preventative measures.

## **Prevention**

Novel coronavirus spreads the same way as other viruses that cause colds and cases of flu. When people cough or sneeze, tiny drops of liquid go into the air. If the person has the coronavirus, the virus can be in those droplets and make others sick. One way a person can get sick is by breathing in tiny drops that have the virus in them, that can happen while talking with or being close to someone who is sick. Another way is by someone touching something that tiny drops have landed on and then touching their mouth, nose or eyes. Sharing dishes and forks and spoons, water bottles and drink containers could also spread the virus from someone who is sick to someone who is not.

You can help prevent the spread of COVID-19. Prevention starts with awareness. The following practices will help reduce the spread of COVID-19:

- Practice physical distancing
- Self-isolate when you're feeling sick
- Wash your hands frequently
- Cover coughs and sneezes
- Avoid touching your face

## **Good Hygiene**

Wash your hands really well and often with soap and water for at least 20 seconds. Soap and water are always the best. But, if soap and water are not available, you can use hand sanitizer. If your hands are dirty, or you have touched a surface that others have touched, wash your hands. Don't touch your eyes, nose or mouth until your hands are washed. Cough or sneeze into your elbow or a tissue, then wash your hands. Washing your hands, not touching your face, and staying home when you are sick are the best ways to help you and your family and friends stay healthy.

## **More Information**

If there is anything you might be confused or worried about, don't be afraid to ask someone you trust. More information can be found online at [alberta.ca/COVID19](https://alberta.ca/COVID19).



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## Quarantine and Isolation

CMOH Order 05-2020 has several legal requirements for quarantine and isolation (please see the table below).

Quarantine and Isolation	
Quarantine	<p>Required when people are not sick, but have been exposed to someone who has COVID-19.</p> <p>The quarantine period for COVID-19 is 14 days. This is because it can take up to 14 days for an individual to develop symptoms.</p>
Isolation	<p>Required when people are sick, to keep them from infecting others.</p> <p>The isolation period for people who have symptoms (but not diagnosed with COVID-19) is 10 days or until symptoms resolve, whichever is longer.</p>

## Re-entry Information for CCS Parents and Students

Following the provincial government's direction, Black Gold School Division (BGSD) and Covenant Christian School (CCS) is implementing the Guidance for School Re-entry - Scenario 1 from Alberta Education and Dr. Hinshaw, the Chief Medical Officer of Health, for September 2020. Wherever possible, having children physically attend school is recommended and our teachers are eager to get back into the classroom and work with students. Parents should be reassured that our school is meeting Alberta Health Services (AHS) guidelines in providing a safe environment for student learning. Dr. Hinshaw has stated the decision to allow in-school learning with public health measures in place weighs the risks of prolonged school closures on students' educational experience and overall well-being against the risk of COVID-19 outbreaks.

It is possible that we may have to transition between scenarios during the school year. Health officials will work with BGSD to make the decision to transition all students to partial In-school Classes learning (Scenario 2) or Distance Education (Scenario 3) based on multiple factors including the number of COVID-19 cases in a zone or a school and the risk of ongoing transmission. Please note that changes may be made to this plan in response to changes directed by Alberta Education.

In September, Covenant teachers will initially focus on the spiritual, social and emotional needs of students and administer screening tools to identify gaps in student learning. Supporting



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students to be ready to learn is an important first step in our school re-entry. These will be done in a variety of ways. Our school theme will first and foremost focus on our need to put our trust and faith in Jesus. This theme will be introduced to students on our first day, and be specifically spoken about and worked through during the entirety of the year. Although a physical Celebration is not allowed at this time, we will continue to do our Celebration assemblies virtually for our distance learners, parents, and students within their classrooms. Health units will also focus on physical and mental wellness, and students will continue to learn about the importance of hand washing, mask use, cohorting, and also how their ability to be resilient can affect their wellness.

Teachers will also be administering the Mathematics Intervention Programming Instrument (MIPI) and Highest Level Achievement Test (HLAT) during the beginning of the year. These results, along with a variety of anecdotal evidence will identify any gaps from the previous year. Once teachers have identified gaps in student learning, they can plan their instruction to address these gaps prior to moving forward.

This document details the conditions and protocols which will be in place for Covenant Christian School for the upcoming 2020-2021 school year. Administration realizes that this plan MUST be a flexible one, and as our situation changes, so does our plan. This is in compliance with AHS guidelines, as well as the Black Gold School Division plan.

CCS Entry Protocols	
Daily Health Check	<ul style="list-style-type: none"> <li>● Before leaving home, staff, children/students, visitors, and volunteers who will access the school for work or education, must self-screen for symptoms each day before they leave for school using the <a href="#">Alberta Health Daily Checklist</a></li> <li>● Please check in with your homeroom teacher about establishing your child(ren)'s established normal (i.e - waking up with a stuffy nose, seasonal allergies etc)</li> </ul>
Staggered Entry Days  **Updated class lists will be available ASAP**	<ul style="list-style-type: none"> <li>● <b><i>Staggered entry days will be considered the first day of class. Students should have supplies and be prepared for instruction.</i></b></li> <li>● Sept. 8, 2020: Gr. 3, 3/4, 6, 9 and all distance learners</li> <li>● Sept. 9, 2020: K (M/W), Gr. 2, 5, 8</li> <li>● Sept. 10, 2020: K (T/Th), Gr. 1, 1/2, 4, 7</li> <li>● Sept. 11, 2020: all grades</li> </ul>



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	<ul style="list-style-type: none"> <li>• <i>Kindergarten parents will have a short meeting with their homeroom teachers OUTSIDE during the noted time indicated in an upcoming parent letter. This will occur in our outdoor classroom on the north side of the school.</i></li> </ul>
Drop off Procedures	<ul style="list-style-type: none"> <li>• Student drop off is between 8:15 and 8:25 am.</li> <li>• Students go directly to their assigned doors and proceed to their classrooms.</li> <li>• Staff will be at the doors to help with hand sanitizer application.</li> <li>• Bus lane will remain the same as last year.</li> <li>• All students being dropped off by parents will need to use the crosswalk to safely navigate the parking lot and then walk to their assigned doors.</li> <li>• Parents are not permitted to park and walk their child to their doors; kiss and go will be in effect for <b>both drop off lanes</b>.</li> <li>• Late arrivals (after 8:40 am) will be required to enter through the office doors and follow office protocols when signing in.</li> </ul>
Pick Up Procedures	<ul style="list-style-type: none"> <li>• Parents should arrive at 3:10 pm for pick up.</li> <li>• Bus students will line up in their loading order, outside, before boarding buses (this will be practiced on staggered entry days).</li> <li>• K-Gr.3 - 3:05 dismissal from homerooms- students will wait at designated spots in the sports fields for parents to arrive; older siblings may escort younger siblings to vehicles or parents will collect from the field. In the event of inclement weather, students will be kept indoors and dismissed following social distancing practices.</li> <li>• Gr. 4-9 - 3:10 dismissal from homerooms- older siblings may collect K-3 siblings from the field area and escort them to vehicles or go straight to parent vehicles.</li> </ul>
Office Protocols	<ul style="list-style-type: none"> <li>• Social distancing is in effect in the office as indicated by floor stickers and posters.</li> <li>• A plexi-glass divider will be in use at the front desk.</li> <li>• Hand sanitizer station will be set up by the sign in/out computer - this will be sanitized after</li> </ul>



	<p>each use using the sanitizing materials provided.</p> <ul style="list-style-type: none"> <li>Late arrivals: please use the front office door and observe social distancing protocols.</li> </ul>
<b>General Protocols</b>	
Hallways	<ul style="list-style-type: none"> <li>Water fountains will be bottle filling stations only. Students are asked to bring their own water bottle.</li> <li>Signs will be posted and floor stickers will indicate direction of travel.</li> <li>“Stay to the right” will be the preferred method of travel.</li> <li>Appropriate distancing will be encouraged when walking the halls either independently or as a group.</li> </ul>
Washrooms	<ul style="list-style-type: none"> <li>Signs will be posted regarding protocols.</li> <li>Students will utilize the washroom closest to their entry/exit doors.</li> <li>Maximum 2 students in the washroom at a time.</li> <li>Students will be asked to return to class if the washroom has 2 occupants and 2 students waiting outside.</li> <li>Floor stickers will indicate where to wait outside of the washroom.</li> <li>Please notify your child’s teacher if there are any medical/physical conditions that might make waiting to use the washroom problematic.</li> </ul>
Mask Use	<ul style="list-style-type: none"> <li>Masks will be worn by Gr.4-9 students as well as all staff.</li> <li>Students will be allowed to remove their masks while seated at their designated work areas to allow for drinks and snacks.</li> <li>Masks will be optional for K-3 but encouraged.</li> <li>Masks will <b>not</b> be required during outdoor activities provided social distance can be maintained.</li> </ul>
Recess	<ul style="list-style-type: none"> <li>All students will go outside for morning and lunch recess times (including Jr. High). There will not be a scheduled afternoon outdoor break.</li> </ul>



	<ul style="list-style-type: none"> <li>● Masks will not be required outdoors, although they will be required in common spaces used to go outside (hallways, boot rack areas).</li> <li>● Masks will be stored in break-away lanyards that will be provided for each student.</li> <li>● Morning recess times will be staggered as follows: <ul style="list-style-type: none"> <li>○ Gr. 1, 1/2, 4, 7 will be at 10:05 - 10:20 am</li> <li>○ Gr 2, 5, 8 will be at 10: 25 - 10:40 am</li> <li>○ Gr. 3, 3/4, 6, 9 will be at 10:45 - 11:00 am</li> </ul> </li> <li>● Lunch eating times and recess will be: <ul style="list-style-type: none"> <li>○ Gr. 1, 1/2, 4, 7 - 11:20 - 12:00</li> <li>○ Gr 2, 5, 8 - 11:50 - 12:30</li> <li>○ Gr. 3, 3/4, 6, 9 - 12:20 - 1:00 pm</li> </ul> </li> </ul>
Supply Management	<ul style="list-style-type: none"> <li>● Students will bring their supplies on their staggered entry day.</li> <li>● Sharing supplies will not be allowed.</li> <li>● Bring your own device continues to be the best practice at Covenant. We are encouraging all students, regardless of grade, to bring their own chrome device.</li> <li>● If you are unable to supply a Chromebook or laptop for your child, one will be assigned to him/her and monitored by the homeroom teacher.</li> <li>● Regular sanitizing of devices will be performed by students (with teacher support when needed).</li> <li>● At this time, BGSD has mandated no locker use. This will be revisited in November. During this time, backpacks and jackets will be stored on and around student desk areas.</li> <li>● Extra supplies should be kept at home to eliminate crowding in classrooms.</li> </ul>
Student Movement	<ul style="list-style-type: none"> <li>● Students will remain in their homerooms and teachers will circulate as needed.</li> <li>● Students will 'stay to the right' when walking in hallways and will adhere to social distancing protocols.</li> </ul>
Lunch Related Items	<ul style="list-style-type: none"> <li>● Hot lunch will be suspended for the year.</li> <li>● No microwaves, kettles, or toasters will be available.</li> <li>● Students are encouraged to bring food in thermal containers if warm lunches are</li> </ul>



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	desired.
Cleaning	<ul style="list-style-type: none"> <li>• Air purifiers will be purchased for each classroom to help with ventilation and aerosols.</li> <li>• Cleaning protocols will be strictly adhered to in accordance with AHS guidelines.</li> <li>• Students will be required to use hand sanitizer upon entering or leaving a room.</li> <li>• Students will be provided sanitizing materials to wipe down their work areas throughout the day.</li> </ul>
<b>Class Protocols</b>	
Physical Education	<ul style="list-style-type: none"> <li>• When possible physical education will be done outside instead of inside as the risk of transmission is more likely to occur indoors rather than outdoors and will follow the <a href="#">Guidance for Sport, Physical Activity and Recreation</a>.</li> <li>• Teachers will choose activities or sports that support physical distancing (e.g. badminton over wrestling).</li> <li>• Locker rooms and change rooms: <ul style="list-style-type: none"> <li>• Kindergarten through Grade 6 students will not change for Physical Education classes.</li> <li>• Gr. 7-9 students will change in change rooms within their cohort groups. These will be cleaned daily.</li> </ul> </li> <li>• Students will sanitize hands before and after PE.</li> </ul>
Library	<ul style="list-style-type: none"> <li>• Students will be staying in class for their library time for the 2020-21 school year. Our librarian will move from class to class.</li> <li>• Div I students will be given library books from the Librarian’s travelling cart and will be read to during their library block.</li> <li>• Div II/III students will pre-order their books with the librarian on “Destiny” and will receive their books shortly after. Outloud reading will also take place for these students during their library block.</li> </ul>
Music	<ul style="list-style-type: none"> <li>• Music will continue for the 2020-21 school</li> </ul>



	<p>year. The music teacher will move from class to class rather than students go to a music room.</p> <ul style="list-style-type: none"> <li>• Each student will have an individual music bag that will house a variety of instruments. These will only be touched by the student.</li> <li>• Students will not be participating in singing during music class.</li> <li>• Recorders will not be used this year.</li> </ul>
CTF	<p>Grade 5s and 6s</p> <ul style="list-style-type: none"> <li>• Will continue to have CTF during the first Wednesday of each month beginning in October. This will be from after lunch until the end of the school day.</li> </ul> <p>Grade 7,8,9</p> <ul style="list-style-type: none"> <li>• Will continue to have option classes on Wed/Fri each week.</li> <li>• Rather than mixed-grade options, each homeroom cohort will take options together.</li> <li>• Pre-assigned options will vary for each cohort, and the teacher will travel to the classroom.</li> <li>• Each cohort will receive Option A on Wednesday afternoons, and Option B on Friday afternoons.</li> <li>• This will allow for six (6) options throughout the year rather than three (3).</li> </ul>
<b>Special Event Protocols</b>	
Back to School BBQ	<ul style="list-style-type: none"> <li>• Our Back to School BBQ will be in the form of a teacher created video. This will be uploaded on Monday, August 31 at 7:00 pm.</li> </ul>
Celebration	<ul style="list-style-type: none"> <li>• Weekly celebrations will continue in an online format. Parents will be given a link so they can join virtually.</li> </ul>
Grandparents Day	<ul style="list-style-type: none"> <li>• Grandparents day will be celebrated in an online format. Each class will create a video that will be posted to our website. Homeroom teachers will email the link to their families.</li> </ul>
Junior High Retreat	<ul style="list-style-type: none"> <li>• Although all field trips have been suspended until further notice, the Junior High team is working hard to create an exciting retreat experience on site. More details will follow in</li> </ul>



	the fall.
Buddies	<ul style="list-style-type: none"><li>• We will continue with our buddy activities. There are many ways to build community between classes while adhering to social distancing etiquette. Letter writing, Google Meets, and contactless outdoor activities are all some options we are currently exploring.</li></ul>



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